

Evaluation of the Knee

Course Description:

Clients frequently seek Physical Therapy for knee disorders. The most effective tools for diagnosis of knee conditions are a thorough history and careful examination. Accurate diagnosis will ensure that appropriate and safe treatment protocols are implemented. This course offers therapists physician insight into a comprehensive evaluation process and discussion of findings for the painful knee.

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Course content is 21 pages and includes many helpful illustrations and photos.

Course Objectives:

Course Participants will be able to:

- A. Describe components of detailed history taking
- B. Describe the analysis of the symptom complex
- C. Describe a thorough physical examination
 1. Examination of the entire extremity
 2. Inspection of the knee
 3. Patellofemoral examination
 4. Knee ligament examination
 5. Meniscal examination
 6. Aspiration of the knee
- D. Understand imaging techniques
- E. Describe pearls for history and examination of the knee

CEU Approvals:

For information on specific state approval of this course, refer to PT On-Line Courses "About State Approvals" page.